



# Go NAPSACC in the Spectrum of Opportunities

## Framework for State-Level Obesity Prevention Efforts Targeting ECE Settings

In 2018, the Centers for Disease Control and Prevention proposed a framework for integrating childhood obesity prevention efforts into early care and education settings via state systems work. This graphic presents how Go NAPSACC, an evidence based change process, has been part of that integration across all nine suggested opportunities within the framework.

### Statewide Recognition & Intervention Programs

Many states have integrated Go NAPSACC into a recognition or other intervention program. Examples include [breastfeeding friendly certifications](#) using the Go NAPSACC Breastfeeding & Infant Feeding Self-Assessment, and [broader recognitions](#) requiring work in multiple modules.

### Statewide Technical Assistance Networks

Participating states commonly use Go NAPSACC as a tool in **statewide technical assistance networks**. Examples of TA networks include [child care resource and referral](#), family child care networks, university extensions, [SNAP-Ed](#), non-profits, and [child care health consultants](#).

### Pre-service & Professional Development Systems

Go NAPSACC trainings are eligible for [clock/contact hours](#) in most participating states. Additionally, one state has integrated **Go NAPSACC trainings into Non Formal Child Development Associate** credential courses.

### Quality Rating & Improvement System (QRIS)

Several states link Go NAPSACC to QRIS systems in some way, with 3 states formally requiring [nutrition and/or physical activity self-assessments](#) and/or **action plans** to attain higher levels on QRIS.

### ECE Funding Streams

**Child Care Block Grant** quality improvement funds have supported the **cost of the Go NAPSACC license** in some states. Additionally, some states require ECE provider participation in QRIS, which by ripple effect can require Go NAPSACC implementation.

### Child Care Food Program (CACFP)

Go NAPSACC compliments CACFP work. Some **CACFP sponsoring organizations** have trained staff as Go NAPSACC consultants, using the resources to help child care programs reach higher nutrition standards. Others combine training on CACFP and Go NAPSACC in TA opportunities.

### Licensing & Administrative Regulations

Go NAPSACC best practices are aligned to licensing and administrative regulations in multiple states, with **4 states** actively promoting Go NAPSACC as a resource to help meet health and nutrition licensing standards.

### Early Learning Standards

Many states have early learning standard domains related to **health and development**. Go NAPSACC trainings and resources can help child care providers meet these early learning standards.

### Statewide Access Initiatives (Farm2ECE)

**15 states** have used Go NAPSACC specifically in a [Farm to ECE initiative](#). The Go NAPSACC Farm to ECE self-assessment, resource library, and trainings help enhance and evaluate Farm to ECE work.