Go NAPSACC in the Spectrum of Opportunities

In 2018, the Centers for Disease Control and Prevention proposed a framework for integrating childhood obesity prevention efforts into early care and education settings via state systems work. This graphic presents how Go NAPSACC, an evidence-based change process, has been part of that integration across all nine suggested opportunities within the framework.

- **Statewide Recognition & Intervention Programs**: Many states have integrated Go NAPSACC into a recognition or other intervention program. Examples include breastfeeding-friendly certifications using the Go NAPSACC Breastfeeding & Infant Feeding Self-Assessment, and broader recognitions requiring work in multiple modules.

- **Statewide Technical Assistance Networks**: Participating states commonly use Go NAPSACC as a tool in statewide technical assistance networks. Examples of TA networks include child care resource and referral, family child care networks, university extensions, SNAP-Ed, non-profits, and child care health consultants.

- **Pre-service & Professional Development Systems**: Go NAPSACC trainings are eligible for clock/contact hours in most participating states. Additionally, one state has integrated Go NAPSACC trainings into Non Formal Child Development Associate credential courses.

- **Quality Rating & Improvement System (QRIS)**: Several states link Go NAPSACC to QRIS systems in some way, with 3 states formally requiring nutrition and/or physical activity assessments and/or action plans to attain higher levels on QRIS.

- **Child Care Block Grant**: Go NAPSACC compliments CACFP work. Some CACFP sponsoring organizations have trained staff as Go NAPSACC consultants, using the resources to help child care programs reach higher nutrition standards. Others combine training on CACFP and Go NAPSACC in TA opportunities.

- **ECE Funding Streams**: Many states have early learning standard domains related to health and development. Go NAPSACC trainings and resources can help child care providers meet these early learning standards.

- **Child Care Food Program (CACFP)**: 15 states have used Go NAPSACC specifically in a Farm to ECE initiative. The Go NAPSACC Farm to ECE self-assessment, resource library, and trainings help enhance and evaluate Farm to ECE work.

- **Licensing & Administrative Regulations**: Go NAPSACC best practices are aligned to licensing and administrative regulations in multiple states, with 4 states actively promoting Go NAPSACC as a resource to help meet health and nutrition licensing standards.

- **Early Learning Standards**: Many states have early learning standards related to health and development. Go NAPSACC trainings and resources can help child care providers meet these early learning standards.

- **Statewide Access Initiatives (Farm2ECE)**: 15 states have used Go NAPSACC specifically in a Farm to ECE initiative. The Go NAPSACC Farm to ECE self-assessment, resource library, and trainings help enhance and evaluate Farm to ECE work.