

Strengthening Childhood Health: How Go NAPSACC Supports Federal Goals



Childhood obesity, poor nutrition, and rising mental health concerns threaten the well-being of America's children and the nation's future.

200%

Childhood obesity has more than doubled over the past 30 years.

20%

Nearly 20% of children aged 3-17 experience mental, development, or behavioral disorders

70%

Over 70% of children do not meet 60 minutes of daily exercise

The [*Make America Healthy Again*](#) initiative prioritizes cost-effective strategies to address these challenges.

Go NAPSACC's Alignment

Go NAPSACC focuses on seven key areas to enhance these critical health practices: Child Nutrition, Breastfeeding & Infant Feeding, Farm to Early Care & Education, Oral Health, Infant & Child Physical Activity, Outdoor Play & Learning, and Screen Time.

Go NAPSACC offers online self-assessment, action planning, and educational tools to help child care providers implement evidence-based practices through a five-step cycle.



The Evidence

With over 20 years of success, Go NAPSACC has proven to be an impactful, **cost-effective**, and valuable tool for improving childhood health.



Named **best evidence for impact** for reducing early childhood obesity risk



Potential to **save \$30 million** in healthcare costs over 10 years



Potential to **prevent over 38,000 cases of obesity**

Our Impact



13,161

Programs served



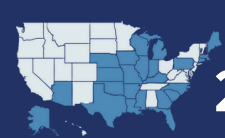
14%

Growth in evidence-based practices after one cycle



783,000

Children reached



24

States currently utilizing Go NAPSACC

States have the **flexibility** to implement the program in ways that align with their existing early childhood policies and structures, and public health initiatives. Including **integration into child care licensing standards or into their Quality Rating and Improvement Systems (QRIS)**.



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Scan the QR code for a policy brief on how Go NAPSACC supports federal goals!

